

SCREENING FOR ALCOHOL PROBLEMS



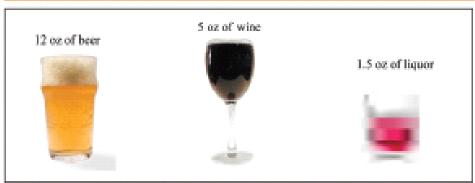
Step 1: Universal Screening Question

How often in the past year did you drink beer, wine, or distilled spirits?
(If never, stop screening; If answer is once or more, continue with the three following questions).

Step 2: NIAAA Quantity and Frequency Questions

- 1. On average, how many days per week do you drink alcohol?
- 2. On a typical day when you drink, how many drinks do you have?
- 3. What's the maximum number of drinks you had on a given occasion in the last month?

	PER WEEK	PER OCCASION
MEN	> 14 DRINKS	> 4 DRINKS
WOMEN	> 7 DRINKS	> 3 DRINKS
AGE > 65	> 7 DRINKS	> 3 DRINKS



Nate: The CAGE tool can be used to further annex patient risk and alcohol dependency

Optional: To identify those who do not drink regularly (fall below NIAAA guidelines), but binge drink sometimes (A person is an at-risk drinker if he'she has a positive response to this question): In the last year, did you drink more than 5 drinks on one occasion (more than 4 drinks for women, adolescents, and adults 65 years and older)?

Step 3: CAGE Screening

- Have you felt you ought to CUT down on your drinking or drug use?
- Have people ANNOYED you by criticizing your drinking or drug use?
- Have you ever felt GUILTY about your drinking or drug use?
- 4. Have you ever had a drink or used drugs first thing in the morning (EYE OPENER) to steady your nerves, get rid of a hangover, or get your day started?

Person is an at-risk drinker if he/she has a positive response to

One or more questions from CAGE and/or consumes alcohol in excess of the standards

Person is identified as a dependent drinker if he/she has a positive response to

- . The CAGE "Eye-Opener" question, or
- Two or more CAGE questions. Refer these patients to appropriate treatment services.